



CONTENTS

- Fierce
- We're Moving ...
- Christmas Party
- Merchandise
- MTNZ Conference, AGM & Training Weekend
- 2022 Civic Awards
- The Art of Getting Ready
- Seasons Greetings

Did you know that a portion of all **Fierce** ticket sales goes to **Women's Refuge New Zealand**? ACT THREE PRODUCTIONS has been so lucky to be supported by our local community over the past three years and we wanted to give some ❤️ back. Just another reason why you should buy a ticket to **Fierce**!



TICKETS ON SALE NOW

<https://actthree.sales.ticketsearch.com/sales/salesevent/77815>

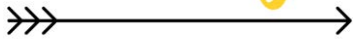


As you may or may not be aware, ACT THREE PRODUCTIONS has been advised by our landlord, Wallace Development Company Limited (WDCL), that our lease on the Wallace Development Company Theatre is not being renewed and will expire in 2023.

If you have been to the theatre within the last couple of months you will have no doubt noticed the demolition work currently being undertaken. Over the next six months or so there will be more demolition works occurring, along with some construction work on a couple of buildings on the site that have been leased by WDCL. Therefore, we ask that you adhere to safety measures and take care while on site. In essence, any demolition or construction sites should be avoided due to the obvious hazards.

WE ARE
moving!

Due to the expiration of our lease, the ACT THREE Board has been actively seeking new premises.



Currently in Palmerston North there are no suitable performance venues available for us to relocate to and ACT THREE PRODUCTIONS is not in a position to lease/build a venue of our own. The Board therefore made the decision to look for suitable premises for us to use for rehearsals, as well as incorporating our administration services and some possible storage space. Going forward, we will need to hire other performance venues for our productions, i.e. the Regent for large scale productions and The Globe for smaller shows.

To this end, the Board has managed to secure a lease on a venue at 79 The Square. This venue was previously the Configure gym on the first floor above Kathmandu and Decjuba.



It is envisaged that in this venue we will be able to have one large studio for rehearsals, along with one or two smaller studios, and it is anticipated these will be hireable venues. Our admin office and Archives will be able to be accommodated within this venue, with a small amount of storage space as well. We will need to source off site storage for our larger pieces of equipment and 'tools of the trade' etc.

*** Any offers of suitable storage space would be gratefully appreciated. If you are able to assist with this, please contact **Allan Nagy** (President, ACT THREE PRODUCTIONS) @ allan@actthree.co.nz.

It is also anticipated that in our new venue we will be able to incorporate a 'green room' for socialisation after rehearsals, for 'club nights' and for organised social activities.

This is an exciting time for ACT THREE PRODUCTIONS and we will do everything we can to make our new premises an inclusive and welcoming space for all our members and their Whānau.



Part of our plans for the new venue will involve renovations to the existing facility. Therefore, along with volunteers to help with the general mahi, we are looking for tradies in the electrical, building and plumbing fields to add their expertise to our volunteer base.



*** If you have such a contact within your family, friends or whanau, or indeed yourself, please contact **Allan Nagy**.

Of course, we also need to physically relocate to the new venue and we will, therefore, be asking you – our members – for your assistance with this. We will advertise the days and times when we will require assistance in moving our equipment and belongings to the new venue. Many hands make light work and it is anticipated that you will be able to help us in moving your society to its new 'home'.



Kia ora whānau

Come and celebrate the end of the year with us, our last show and our last get together in our amazing venue. This invite is to you, our current financial members, and your immediate family members. We would love to see you there! The bar will be open for the night with members' prices available for all ticket holders.

Tickets can be purchased from;

<https://ACTTHREE.sales.ticketsearch.com/sales/salesevent/80183>, or in person from our office.

You must have a current financial membership at the time of ticket purchase. If you wish to renew your membership, please contact our office.



Did you know ...

ACT THREE PRODUCTIONS has the following merchandise available to purchase on www.actthree.co.nz

ACT THREE EDIT TEE (22063) CODE 66319



\$25 (incl. GST)

Crew neck tee
Heavyweight, 100% combed ring-spun cotton
220gsm, pre-shrunk, anti-pill
Tight knit for superior printability and handfeel
Side seams for better fit and to prevent twisting
Shoulder to shoulder reinforcing tape
Flat-needle stitching on body and sleeve hems
Includes printed logos

Available in the following sizes:

	S	M	L	XL	2XL	3XL	4XL
width (cms)	51	54	57	60	64	67	74
length (cms)	72	75	78	81	84	87	93

ACT THREE WOMENS SILHOUETTE TEE (22941) CODE 66318



\$25 (incl. GST)

Women's tailored fit
Scraped neck
100% combed ring-spun cotton
140gsm, pre-shrunk
Super fine fabric for superb prints and ultra soft hand feel
Side seams for better fit and to prevent twisting
Shoulder to shoulder reinforcing tape
Flat-needle stitching on body and sleeve hems
Includes printed logos

Available in the following sizes:

	S	10	12	14	16	18	20
width (cms)	41	46	49	52	55	58	61
length (cms)	65	66	67	68	69	70	71

ACT THREE MENS ELEMENT POLO (22848) CODE 66321



\$40 (incl. GST)

Heavyweight 220gsm polo
Premium combed ring-spun cotton makes it soft and durable
Pre-shrunk, anti-pill for long-term good looks
Self-fabric collar
Contract trim inside collar and side splits
Tear-away neck label
Includes printed logos

Available in the following sizes:

	S	M	L	XL	2XL	3XL	4XL
width (cms)	51	54	57	60	64	67	74
length (cms)	70	73	76	79	82	85	91

ACT THREE MENS CREW ZIP HOODIE (22943) CODE 66325



\$50 (incl. GST)

55% cotton / 45% poly, 320gsm
Full front zip with traditional front kangaroo pocket
Hood with water 'shedder' drawstring
Ribbed ribbed band on hem and cuff
Includes printed logos

Available in the following sizes:

Mens Easy Fit

garment	XS	S	M	L	XL	2XL	3XL	4XL
% chest (cm)	54	57	60	63	66	70	74	82

ACT THREE LADIES CREW ZIP HOODIE (22942) CODE 66324



\$50 (incl. GST)

55% cotton / 45% poly, 320gsm
Full front zip with traditional front kangaroo pocket
Hood with water 'shedder' drawstring
Ribbed ribbed band on hem and cuff
Includes printed logos

Available in the following sizes:

Ladies Easy Fit

garment	XS	S	M	L	XL	2XL
% chest (cm)	45.5	49	52.5	56	59.5	63

ACT THREE LADIES ELEMENT POLO (22877) CODE 66320



\$40 (incl. GST)

Heavyweight 220gsm polo
Premium combed ring-spun cotton makes it soft and durable
Pre-shrunk, anti-pill for long-term good looks
Self-fabric collar
Contract trim inside collar and side splits
Tear-away neck label
Includes printed logos

Available in the following sizes:

	S	10	12	14	16	18	20	22	24
width (cms)	44	47	50	53	56	59	62	66	70
length (cms)	54	55	56	57	58	59	60	61	62

Marlborough Events Centre, Blenheim

17-19 March 2023



ngā hau e whā

'the four winds'

**THE 63RD MTNZ CONFERENCE, AGM AND
TRAINING WEEKEND
BLENHEIM 2023**

MTNZ Annual Conference 2023 registrations are OPEN!!!!

We are proud to finally be heading to Blenheim for The MTNZ Annual Conference, AGM and Training Weekend 2023. MTNZ was founded here and our weekend theme aims to capture that 'from the four corners' of Aotearoa we are coming back to our place of origin.

After a difficult few years isolated from one another and at times in 'isolation'; coming together to reinforce our passion for community theatre has never been more meaningful.

Follow the link below or head to our website for the conference registration info pack, and explore what the weekend has in-store.

[CLICK HERE FOR THE REGISTRATION INFO PACK, OR TO REGISTER](#)

This year we have 25 development workshops across the two days, covering a wide range of application for community theatre, and those who volunteer/work in the sector.

Workshop/Development Training Opportunities:

Overview [HERE](#)

The Amazing Training Facilitators:

You can check out our training and development presenter bios [HERE](#)

The iTICKET National Theatre Awards dinner is on Friday night – *themed Underwater World*.

The John Herber Gala Ball - Priscilla themed "A Queen for the Night" is on Saturday Night.

Kate and the Life Members are back with the ever popular OneMusic Kōrero Cafe; followed by Zone time.

The Annual General Meeting is on Saturday morning, with lunch sponsored by G&T Productions.

The Marlborough ASB Theatre Tours are on Sunday morning.

The MDR Theatre EXPO is on across the majority of the weekend.



Congratulations to **Sheridan Hickey** who is one of four Palmerston North residents who were honoured with a Civic Award on 8 November 2022.



There are few aspects of the city's performing and community arts scene that Sheridan has not organised and influenced during the past half century.

Education, drama and speech have been her vocation, which she has combined with governance and advocacy work on behalf of performing arts and cultural activities, both locally and nationally.

One of her legacy projects was a collaboration with Rangitāne and the former Ethnic Council of Manawatū to hold the first international festival in 1993, which evolved into the city's headline Festival of Cultures.

Sheridan served for many years on the Palmerston North Community Arts Council, organised the annual Shakespeare Festival, and has been a member of the Regent Theatre Trust Board, Globe Theatre Trust Board, and Te Manawa Museum Trust Board. She was appointed to the Palmerston North Performing Arts Trust Board in 2004, and has chaired that board until the present.

Also a Justice of the Peace, Sheridan is the nominal chair of the Earle Creativity and Development Trust, and continues work as a volunteer, for the Friends of the Regent, and just last month, at the Performing Arts Competitions of New Zealand national young performer awards.

Mayor Grant Smith described the four winners of the city's highest recognition for voluntary service as "incredible individuals". "These four individuals have gone above and beyond the call of duty for Palmerston North, and it's great to be able to truly thank them for their dedication and commitment to making the city a better place."

Congratulations, Sheridan.

The Art of Getting Ready - Finding Your Pre-Show Routine

(by Dean Linnard | 5 October 2022)

It's the day of the show, y'all! You've rehearsed, made it through tech week, celebrated your opening night and now you've entered your run. You have a show tonight at 8.00 p.m. What are some best practices regarding getting ready for curtain? What do your body, voice and mind need in order to be in fighting shape by showtime? Today we're going to explore pre-show routines.

First, a disclaimer; every actor is different. There is no "one-size-fits-all" methodology here. No two actors are the same and accordingly no two pre-show routines will be identical. I encourage trying different things until you settle on what works for you. Some actors might want to do a hundred push ups before their show begins. If that floats your boat, go ahead! If that isn't your jam, by all means please don't strain yourself! Take the time to locate what you need to get yourself ready for your performance. Your pre-show routine might change as you get older, might vary depending on the show or type of character you're playing, might alter depending on the size of the theatre or the time of year. All this is valid. Stay adaptable and empathetic to your own needs. Listen to yourself.

All that said, here is a basic outline of what a healthy show day routine might look like.


During the Day

So, the curtain doesn't rise until 8.00 p.m. but your preparation begins much, much earlier. Try to get a full night of sleep. During the day try to rest and conserve your energy as much as possible. Avoid yelling or talking on the phone. Try to centre yourself on the task at hand. Most actors are balancing a million things during the day; jobs, auditions, commutes, family, life! This is all beautiful; full humans make better actors. The trick is finding a healthy balance. The show deserves your full self and your full attention. That might mean skipping out on optional social events during the day. Your friends will understand.

Try to eat a healthy dinner, something that will fuel you up. Regarding specific food choices, there are a million schools of thought; some actors want something light (just a wee little salad), some actors want something hearty (steak, please!), some actors don't want to eat anything because it makes them feel bloated. I would advise eating something, but exactly what is entirely up to you. Treat your body well. Give yourself the energy you need in order to deliver the best performance you can.

At the Theatre

Now you've arrived at the theatre! An important part of any pre-show routine is truly arriving at the theatrical space. This means grounding yourself in the building (or barn, or field, or whatever venue you're lucky to call home!). I like to go out onto the stage before the house opens and just check in with that environment – reassess the view, go over some lines, mark through some blocking. And please greet your co-workers! Checking in with your theatre family will centre yourself and allow you to be truly alive to the energy of that specific evening. Say hi to your glorious fellow actors, the crew, the stage management team. And don't forget the Front of House folks! Make yourself comfortable.



**Whatever is beautiful ...
Whatever is meaningful ...
Whatever brings you happiness ...**

**May it be yours these
Christmas holidays
and throughout
the coming year.**